



The Valley View

Newsletter of the Greater Madison Valley Community Council

Issue 120 April 2004

E-mail: gmvcc@hotmail.com

MADISON VALLEY ART SHOW AND SALE

SATURDAY, MAY 8

11AM-6PM

BUSH SCHOOL COMMONS

E HARRISON AND 36TH AVENUE E

ONE BLOCK WEST OF LAKE WASHINGTON BLVD

COMPLIMENTARY REFRESHMENTS

COME OUT TO MEET AND SUPPORT YOUR
TALENTED NEIGHBORS

CALL TO COMMUNITY ARTISTS



IT'S NOT TOO LATE !!

To participate in this art show/sale, please contact:
Cathy Nunneley 329-4083 or cjnunneley@yahoo.com

We invite all artistic modalities
including performing artists to join us

In This Issue

The City Farmer	1
The Valley Views the Past	3
Community News	4
Community Council Minutes	4
Shambhala Center of Seattle.....	5



GMVCC ANNUAL COURTYARD SALE

SATURDAY, June 19th

Please help!

To volunteer contact:
gary.emslie@bush.edu

Good Neighbors

From His Country Farm To Our City Tables

John Huschle is a REAL farmer. He's also one of our neighbors. If the concept of a city-dwelling farmer seems incongruous to you, read on.

In the early 90's, John was a new college graduate from Wisconsin with a degree in biology. He became discouraged about the fierce competition for research grants in his chosen field and took an apprenticeship at a local organic farm while he pondered his future. The farm experience kindled his imagination and directed his life. In 1996, John and his friends Andrew and Wendy headed west to found *Full Circle Farm* in North Bend. For four years the team worked to provide organic produce for local venues, including PCC. However, John felt that his path lay in providing food directly to families and moved to Carnation. *Nature's Last Stand Farm* is John's dream come true. On his five acres, he grows the fresh, organic produce that defines his business.

John Huschle provides a service that delivers boxes of freshly picked, organic produce directly to the doors of his customers. These boxes are carefully packed with vegetables and fruits that people commonly buy. The box contents vary weekly but a typical selection may include salad mix, carrots, broccoli, avocados, satsumas, apples and grapes. Additionally, he includes a loaf of just-baked Essential Bakery bread and farm-fresh eggs in every box. Recipes and a newsletter about the farm are added attractions. This time of the year he supplements his farm's produce with *continued on page 2*

Here's John on a typical Wednesday packing up his bountiful boxes of organic produce for home delivery that very day.





TENNIS LESSONS

For individuals and small groups of all kinds

Lew Kiner

Phone: 206.351.3233

Rates and (excellent) references available upon request

USPTA licensed

"The Birthday House"

New Works by James Sutherland

On exhibit at *Café Flora*

April 26th through May 16th, 2004

Opening Reception: Monday, April 26th 6-8PM

Online gallery: www.bulltwins.com

Email: james@bulltwins.com voicemail: 206.322.7450

Report on your neighbors!!!!

The article about John Huschle, REAL farmer was suggested by an admiring neighbor. Please let us know of other interesting people to highlight. We all benefit from knowing our community. For ideas: Cathy Nunneley: phone: 329-4083 or email: cjnunneley@yahoo.com



A community inspiring leadership through the values of Respect, Resourcefulness and Responsibility

EPIPHANY SCHOOL

Pre-Kindergarten-5th Grade



3710 E. Howell St., Seattle, WA 98122

206-323-9011

www.epiphanyschool.org

**WE ARE EXPANDING OUR SCHOOL
APPLY TODAY!**

Mark Herkert
Owner / Certified Arborist



Madison Park Tree

Pruning, Removal, Planting

Call for a free estimate
(206) 322-4546
Licensed, Bonded, Insured

2514 E. Ward St.
Seattle, WA 98112
e-mail: bethormark@aol.com

Country farm continued from page 1

vegetables and fruits from along the West Coast from several farmers, some of whom he knows personally. There are two sizes: Small (\$35) and Large (\$50) – to accommodate most family sizes and budgets. The price comparison? FAR less than the organic produce in the big chains and equal to or less than the co-ops. Not a bad deal considering it's delivered right to the door! Custom orders? John is working right now with his web master to make that happen.

The future looks bright for this enterprising young farmer. John envisions forging relationships with some of the area's best wineries and dairies. To round out his selections into full meals, he also plans to include meat and poultry.

SO! The question remains: A CITY dwelling farmer? John says he recently married and he and his wife are planning a family. He wants his children to experience the diversity of living in our neighborhood. This is wonderful tribute to what this community has to offer.

The produce of *Nature's Last Stand Farm* may also be purchased at some of the various farmers' markets held throughout Seattle: U District, Ballard and Lake City. Perhaps one day we may be so lucky to have a farmer's market of our own! To contact John: (425) 444-6541 and check his absolutely beautiful website: www.natureslaststand.net. Bon Appétit!



a creative world of vegetarian foods



CAFE FLORA Restaurant & Catering

**DINNER • LUNCH • KID'S MENU
WEEKEND BRUNCH**

**FULL SERVICE CATERING
VEGAN CAKES FOR WEDDINGS
& SPECIAL OCCASIONS**

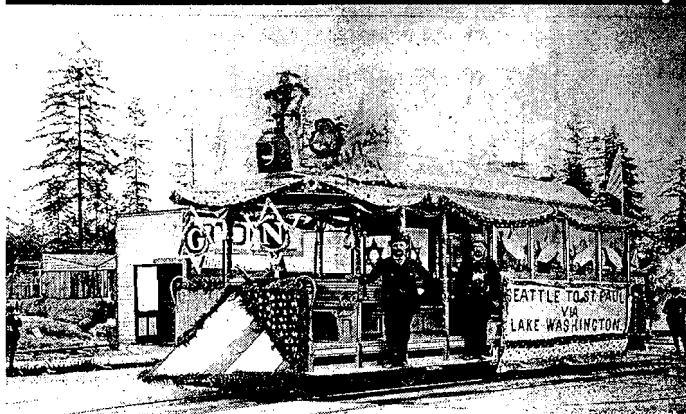
2901 EAST MADISON STREET

325.9100

for catering information call: 322.3626

view menus online: www.cafe flora.com

The Valley Views the Past



Madison Street Cable Railway Company 1889
University of Washington Special Collection SEA00540

The above photo depicts a car of the Madison Street Cable Railway Company. In the 1860's, Judge John J. McGilvra a prominent lawyer from Illinois, bought 420 acres of land for \$5/ acre in today's Madison Park. At that time, sections of land were being sold to finance the new University of Washington. McGilvra established his family home "Laurel Shade" at 1500 42nd Ave and needed a road to his new retreat. Unlike the traditional Seattle north-south and east-west roads, McGilvra built a rough corduroy road diagonally through the woods. It is still

the only road in Seattle that connects Elliot Bay directly with Lake Washington. McGilvra christened the road "Madison Street" for President James Madison.

Madison became a convenient and popular byway for citizens especially after the lakeshore evolved into an entertainment center. The city's first professional baseball team began there. With regular music concerts and stops by the steamboats, Madison Park became a vacation hotspot. When McGilvra began to sell some of his land for building lots, the traffic to the lakeshore increased rapidly. The rough road through the woods became inadequate. With some friends, McGilvra established the Cable Railway Company in 1864. The cable cars ran every two minutes in the summer to accommodate the eager vacationers. In climate weather, glass panels were installed to protect the passengers. McGilvra not only profited from the fares, he also covered the cars with paid advertisements.

The cable railway required the building of a trestle across Madison Valley near the present location of City Peoples Garden Store so the cars could run. (There was a photo of this trestle in the March 7th issue of *The Seattle Times*). The trestle bridged over a salmon stream that ran through Madison Valley in those days. Eventually, the area under the trestle was filled in to construct a more permanent road and cut off the valley from the Arboretum. (info gleaned from historylink.com)



MAKE A DIFFERENCE with Bailey-Boushay

Bailey-Boushay House is recruiting volunteers to provide transportation, companionship and meal service to clients of the Adult Day Health and Residential Care programs.

This is an opportunity to make a difference in the lives of people who are living with HIV/AIDS and other life threatening illnesses. Individuals with a reliable vehicle, a current driver's license, insurance, and who are available during the day should call David Pavlick at (206)720-2260 and request a volunteer application.

WANTED: Historical Photos

The Valley View is interested in any historical photos for the new history column in the newsletter. These photographs don't have to be ancient--just ones that depict something of historical significance. Newcomers would even be surprised by an image of Madison Street from the 1970's! If you have something of interest and would be willing to share with the community, please contact us. We will simply scan your photo and return it or you can send it to us via email. Questions? Cathy Nunneley 329-4083 or cjnunneley@yahoo.com
Thanks a bunch!



MON - SUN - 9:00 - 8:00
OPEN HOLIDAYS
leschimart@aol.com

STEVEN M. SHULMAN
MANAGER

GROCERIES - SUNDRIES - BEER - WINE
QUALITY MEATS - HOMEMADE SAUSAGES
103 LAKESIDE AVE. 322-0700

GMVCC Contacts

Council Affairs: Gary Emslie, President

Email: gary.emslie@bush.edu

Council business, agenda requests, inquiries, concerns

Valley View Newsletter: Cathy Nunneley

Email: cjnunneley@yahoo.com or 329-4083

Article submission, advertising, suggestions, volunteers

Community News

East Mercer Street End: by Anita Rowe

The committee is asking for a Shoreline Management Act exemption from the City. After receiving it, they will be ready to complete the application for street use permit. This is expected to occur mid April. The City Council must decide on the application for vacating the street and there will be a public hearing. There continues to be strong opposition from the adjacent neighbors as expected. Hopefully, boundaries will be determined and landscaping developed that will satisfy all parties.

ML King Elementary School by Joanie Robertson

Good Luck 4th Graders! The 4th graders at ML King are joining their compatriots across the city and the state, sharpening their skills and their number 2 pencils in preparation for the Washington Assessment of Student Learning (WASL) tests to be administered on April 19th. The 4th grade test is designed to assess reading, writing and mathematics, and it is the first of several WASL tests that a student will take over his or her tenure in the public school system. There is a lively controversy about the value of the WASL, and the emphasis that it places on how and what kids are learning, but there is no doubt that the results of these tests are important to each of the schools, and are used by many as an indicator of education quality. "We like to give our 4th graders a lot of support as they go in to take the WASL," says principal Barry Dorsey. To that end, the school has planned a pep rally and a special breakfast for the test-takers.

Madison Street Business Owners have formed an association to discuss congestion, parking, traffic and cooperation along the street. Thanks so much!

Support *The Valley View*

The Valley View staff cheerfully works countless unpaid volunteer hours to bring you this newsletter. The printing and postage costs are over \$700 per month. We must have financial support from the community to continue the newsletter. Please make a contribution. Thank you so much!

Name: _____

Address: _____

Phone: _____

Email: _____

Donation Amount: _____

Please contact me to write for *The Valley View*

Mail your contribution GMVCC P.O. Box 22278 Seattle, WA 98112

Community Council Minutes

GMVCC Meeting of March 16, 2004

The meeting was called to order at 7:30pm. There was no quorum present. The minutes were approved.

The Treasurer's report was given by Catherine Nunneley. Since 2/17/04, we have made \$75.00 from ads in the newsletter. Our expenses totaled \$848.70, \$170 for postage, \$76 for a post office box and \$602.70 for printing the newsletter.

The Courtyard Sale is coming up! It will be held on 6/19 from 10am-4pm. Volunteers are greatly needed! See front of newsletter for contact info.

The work continues on opening the **Mercer Street end**; please see the article in this issue for more information.

President Gary Emslie suggested to the council that we combine efforts with the group *Neighbors of Bush*, to solve issues surrounding the Bush school. Working with this committee will bring attention to problems both east and west of the school. Cathy Nunneley will contact a member.

Our first annual GMVCC art show will take place on May 8th in the Bush school commons. So far, twenty-five artists are planning to participate. Please consider volunteering.

Traffic issues: The council discussed the possibility of speed bumps on E Harrison to slow down traffic, as well as a crosswalk on Madison. We are talking with City officials.

In April, there will be the first of a series of **history columns** documenting our neighborhood's past. See the article in this issue and info about sharing your old photos or stories.

The meeting was adjourned at 8:30.



URBAN DAWGS

Dog Training | Behavior Counseling | Private Lessons
Group Classes | Puppy Training | Training Walks
One-On-One Daily Dog Walks

Vyolet Michaels, CTC

Certified Dog Trainer and Behavior Counselor
(206) 679-6361 - vyolet@urbandawgs.com

- 🐾 Valedictorian graduate of the SF SPCA Academy for Dog Trainers
- 🐾 Professional Member of the Association of Pet Dog Trainers
- 🐾 AKC Canine Good Citizen Evaluator
- 🐾 Certified in Canine First Aid/CPR by PetTech

www.urbandawgs.com

One of a kind resource center

FOUR
SEASONS
OASIS



Over 600
book titles for adult,
teen and children

350 card designs

Gift baskets

Comforting
gifts

Individual &
group counseling
Massage

Arrangement &
referral services

Programs

Pet loss

206.726.0500

The Madisonian Building
2909B E. Madison St

*Supporting the journey of
grief, illness and loss*

The Shambhala Center of Seattle Relocates to Our Valley

Although formerly housed in the conveniently central location of Capitol Hill, the members of **Seattle's Shambhala Center** felt that a more quiet and peaceful home would be a better fit. They were fortunate to find a large house in the heart of Madison Valley to meet their needs. The new center location is at **3107 East Harrison** diagonally across the street from the ML King School. Tall, evergreen hedges surround the property and the privacy very much enhances a sense of tranquility as one enters the gates into the surrounding garden.

Basically, the Shambhala Center offers a facility for the practice of a mindfulness and awareness meditation. It is founded within the Tibetan tradition of Buddhism and the more secular Shambhala training. Shambhala training is focused upon the study of human bravery ---that is: not being afraid of who you are. The path of this training is comprised of steps of study. The Center offers progressive classes that build upon this theme. There is no requirement to be or become a Buddhist. Perhaps a curiosity or interest in the fostering of a compassionate society leads one to the center. There are as many motivations as there are individuals.

In addition to classes and programs, the Center is open on Sunday morning and Monday and Thursday evenings to anyone who wishes to practice meditation. The Thursday evening program includes a free meditation class and an instructional talk. A full calendar of events, classes and

programs may be found on their web site. (see below)

The Center currently has fifteen active members that care for the facility and many others that benefit from attendance at the various programs. Caretakers Robert and Rianne live in the home full time and are welcoming hosts to all interested individuals. They are respectful and caring neighbors. As an example, they discourage parking around the Center that would inconvenience their neighbors--an admirable approach in our congested valley. We are very pleased to host such an organization in our community.

To find out more about The Seattle Shambhala Center: phone: 860-4060, email seattle@shambhala.org or view their informative website: www.seattle-shambhala.org



The garden gate entrance to the Seattle Shambhala Center

Please support the generous advertisers from our community businesses. The valley view would not be possible without them. Thanks a bunch!



The Bush School
EXPERIENCE EDUCATION

*Thank you to our neighbors
for making the Greater Madison Valley
a great place to educate kids!*

The Bush School 3400 East Harrison Street Seattle, WA 98112
www.bush.edu

SOUTH SEATTLE *Star*
THE WORLD STARTS HERE

**Your
Community
Newspaper**

206-721-7265
info@southseattlestar.com
www.southseattlestar.com



Barbara Dunshee
P O T T E R Y
www.bdpottery.com

Eclectic, hand-crafted, multi-use pottery. Come visit us at the next Open Studio.

studio: 206.322.6240
mobile: 206.229.3311
barbara@bdpottery.com

**CITY PEOPLE'S
GARDEN
STORE**



**2939 East Madison
Seattle, WA 98112
(206) 324-0737
Fax (206)328-6114**

THE VALLEY VIEW
 P.O. Box 22278
 Seattle, WA 98122
 Greater Madison Valley
 Community Council
 Member of the Seattle
 Community Council Federation
Newsletter Staff
 Miriam Roskin, Editor
 Jerry Sussman
 Cathy Nunneley
 Jeanette Karovsky

The Valley View is published nine times each year.

Deadline: 15th of each month.

Your submissions are appreciated!

Mail to the address above.

2002-2003 Officers

President - Gary Emslie

Vice President - Charles McDade

Secretary - Miranda and Claire
 Levy

Treasurer - Eli Stahlhut

MLK School Rep. - Joanie

Robertson and Andrew Engelson



Non-Profit Org.
 U.S. Postage
PAID
 Seattle, WA
 Permit No. 6873

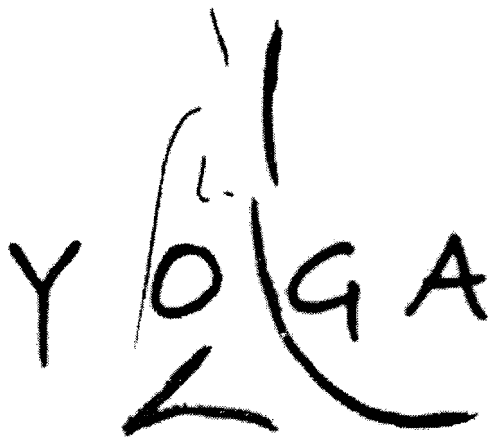
Next Community Council Meeting

Tuesday, April 20, 2004, 7:30 p.m.

Martin Luther King Elementary School Portables

3201 E. Republican Street

SANTOSHA



We now have childcare Tuesday and Thursday mornings!

206.264.5034

www.santosha-yoga.com

2812 East Madison St. Seattle

A REFUGE FOR

PHYSICAL HEALTH

& WELL-BEING

Acupuncture

Elizabeth A. Goldberg, L. Ac.
 FIVE SEASONS ACUPUNCTURE

3111 E. Ward Street | Seattle, WA 98112 | T: 206.371.7215 | F: 206.325.5067
elizabeth@fiveseasonsacupuncture.com



2808 East Madison Seattle, Washington

206.325.7442 www.rovers-seattle.com